Even before the play begins, Titus has lost 21 sons in the war against the Goths. Despite Tamora's pleas, Titus has her son Alarbus executed and sacrificed. [I.i.146]

Chiron and Demetrius rape and mutilate Titus' daughter Lavinia cutting off her hands and tongue. [II.iii.186]

Titus's sons Martius and Quintus are executed; their heads are returned to Titus. [III.i.233]

In an attempt to save his sons, Titus allows Aaron to cut off his hand. [III.i.191]

To keep the secret of his son, Aaron kills the nurse [IV.ii.145]; it is assumed Aaron also kills the midwife. [IV.ii.168]

Under orders of Saturninus, the clown is hanged. [IV.iv.49]

Under orders of Saturninus, Titus kills Chiron and Demetrius, baking them into a meat pie, which he serves to their mother, Tamora. [V.ii.1188]

Titus kills his own daughter Lavinia, then kills Tamora. [V.iii.47 & 63]

Avenging his wife Tamora's death, Saturninus then kills Titus. [V.iii.64]; then avenging his father's death, Lucius kills Saturninus. [V.iii.66]

By the end of the play, the only living characters who have not taken a life (Marcus, you might remember, killed a fly. [III.ii.53]) are the children, Young Lucius and Aaron's baby. While the history is violent, the future is hopeful.